The Epic Packing List

By the Sober Globetrotter

CLOTHING
Socks
Undies
Bras - sports & regular
Pants / shorts / skirts
Shirts
Cardigans/Hoodies
Dresses - casual
Fancy Outfit
Pajamas
SHOES
Sneakers - every day
Sneakers - hiking//waterproof
Sandles - walking, casual (summer)
Boots - walking, casual (winter)
Flip Flops or Slides
Fancy Shoes (walkable)
ACCESSORIES
Pashmina
Swimsuit
Jewlry
Belt
Hat: beanie or visor at minimum
Jacket or Coat
Outerware: Gaters & Gardening Gloves / Snow Boots & Ski Goggles
TOILETRIES
Toothbrush & Toothpaste (tablets!)
Shampoo & Conditioner (bars!)
Soap - Face & Body (bars!)
Deoderant
Skin Care: eye cream, toner, serum, night cream
Day Moisturizer with SPF
Razor, Tweezers, Nail Cippers, Nail File
Compact Makeup Kit
Sunblock for Body
Bug Spray

DAILY ESSENTIALS & BAGS
Day Bag - crossbody
Packable Backpack & Shopping Totes
Rain Gear - jacket or umbrella
Water Bottle + Caribeaners (attach to anything)
Travel Towel
Waterproof Phone Case
Travel Laundry Kit - soap, wash bag, dry line
Random But Brilliant Tool Bag: carabiners, safety pins, clothes pins, hair ties, super glue, a travel clothesline or bungee cord, a mini flashlight, a pocket roll of duct tape, zip ties, and a sleep mask with earplugs
HEALTH & SAFETY
Hand Sanitizer / Wipes
Fiber Pills, Magnesium, Laxitives, Anti-Diarrheals - AKA the Poop Kit
Tums & Pepto
Advil / Tylenol / Aleive
Antihistamine, After Bite, Itch X
Band Aids / Blister Patches
Antibiotic Ointment
Electrolite Packets
Personal Safety Alarm
Portable Door Lock
RFID Wallet or Card
Zipper Locks
Money Belt / Neck Stash
ELECTRONICS
Universal Travel Adapter
Voltage Converter (if needed)
Charging Station (with surge protection, multiple outlets / ports)
Portable Power Banks
Cables for EVERYTHING, plus backups
Electronics Organizer
Cable Ties / Reusable Zip Ties
Headphones
Cameras & Accessories
Kindle (in case)
Laptop & Charger
Selfie Stick with Remote
Portable Ring Light
Mini Body Cam or Action Cam (and accessories)
Airfly, Translation Device, Lens Attachment, Memory Cards, Batteries

DOCUMENTS
Passport & Copy (separate locations)
Credit Cards & Cash (home and local)
Printed Itinerary
Any Visas, Entry Documents
Travel Insurance Card
Emergency Information
SNACKS
Grab-and-Go Hangry Prevention
Individually Wrapped Chocolate / Treats
Homemade Trail Mix (large bag checked, small carried on)
Travel Food Kit - mocktail mixers, salt and pepper, spices, teas, honey
Local Treats - picked up along the way
OTHER ITEMS: